



You have just been tested for COVID-19

If you have been contacted by Public Health Sudbury & Districts, follow their recommendations, otherwise:

- If you received a notification from the COVID Alert app, you must self-isolate until you receive your result.
- If you got tested for a medical or dental procedure, you must continue to self-isolate until your procedure.
- If you got tested as a requirement in order to visit a facility (eg long term care or retirement home), you do not need to self-isolate, but must self-monitor.

For questions about COVID-19 go to <https://www.phsd.ca> or call Public Health Sudbury & Districts at 705-522-9200.

The best way to stop the spread of COVID-19 is by staying home and avoiding close contact with others outside of your household. If you do go out here is what you can do:



Monitor yourself for symptoms of COVID-19. If any develop, immediately self-isolate and please call 705-671-7373 to schedule an appointment for another test.

ACCESS YOUR RESULTS ONLINE: <https://covid-19.ontario.ca/>

If you're unable to access your results online, follow up with your Primary Care Provider or call the assessment centre that completed your test (no earlier than 72hrs after your test was completed).

Remember other illnesses still occur. If you feel unwell seek medical attention.

Request an appointment at the COVID-19 Assessment Centre by filling out the online form at <https://www.hsnsudbury.ca>.



Health Sciences North
Horizon Santé-Nord