Please read this information carefully. If you have any questions, please call the Pediatric Unit at 705-675-4706.

**Why does my child need sedation?**
It is very important that your child lie still and quiet to get the best results. This is why your doctor has decided that your child be sedated for the procedure. Sedation will also make your child more comfortable. The doctor ordering the procedure decides what kind of sedation to administer to your child.

**Potential Side Effects**
The sedation medication may not work. If that is the case, your child’s procedure will be rescheduled. In rare cases, the sedation may cause some children to become agitated. It is very important for you to discuss your child’s medication with your Physician before the procedure.

**Fasting Guidelines**
It is very important that your child’s stomach be empty before sedation. If you do not follow the instructions below, your child’s test will be delayed or cancelled.

**NO SOLIDS AFTER MIDNIGHT, INCLUDING GUM OR CANDY**

<table>
<thead>
<tr>
<th>Fasting Guidelines</th>
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<tbody>
<tr>
<td>Children 2 years of age or older</td>
<td>A maximum of six (6) ounces of clear fluids (i.e. water, apple juice, ginger ale, breast milk) up to four (4) hours before the procedure.</td>
</tr>
<tr>
<td>Children under 2 years of age</td>
<td>Regular formula must be completed six (6) hours before the procedure. If the child has not fed well/at all at this six (6) hour feeding, give clear fluids up to four (4) hours before the procedure. The child should be wakened for this feeding. Breastfeeding or expressed breast milk must be completed four (4) hours before the procedure.</td>
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</tbody>
</table>

If your child develops a fever or becomes ill the day before the procedure, please contact the Pediatric Unit to cancel your appointment at 705-675-4706.

If you need to reschedule your child’s test, please contact the secretary at your Pediatrician’s office.

**Home Medications**
If your child takes regular medication at home, please ask your Physician if that medication can be taken with a sip of water the morning of the procedure.

Please bring a list of your child’s medications with you.
The Day of the Procedure

Arrive at Health Sciences North one (1) hour prior to your child’s procedure to register. Register your child at ACU 1 (South Tower, Level 1). Please bring your health card.

Directions
1. Enter the hospital via the South Tower. The South Tower elevators will be directly in front of you.

2. Walk past these elevators and proceed down the hall slightly to your right.

3. Turn LEFT down the first hallway and LEFT again to register at ACU 1.

4. Once you are registered, take the South Tower elevators to the 3rd Floor. The Pediatric Unit will be directly in front of you.

The nurse will assess your child’s temperature, pulse, blood pressure and weight. If your child has any allergies, heart or breathing problems, please tell the nurse at this time.

Your child will be discharged from the hospital when he/she is awake and able to drink. This can take approximately 2-3 hours after the procedure is completed, depending on the type of sedation used.