



Your care provider has booked you at the hospital for an induction of labour. This means that you may have to come into the hospital to have a cervical ripening agent inserted to soften (or ripen) your cervix to prepare you for the labour process.

What to expect for your induction:

A nurse will call you a few hours before your scheduled induction. If the Birthing Centre is busy, your induction may be postponed or re-scheduled to accommodate urgent patients. The nurse will advise you when to come to the hospital.

What to expect if you require cervical ripening:

- If your induction is booked for the morning, register at 08:00 a.m. as an Out-patient in the Admitting department the morning of your induction.
- If your induction is booked for the evening present directly to the Birthing Centre 3rd floor Centre Tower to register.
- You will have fetal monitoring assessment when you arrive.
- The physician will choose the ripening agent based on internal cervical examination.
- We will continue to observe and monitor you and your baby for an additional hour after the procedure.
- After your assessment you may be admitted or given a day pass and instructions on when to return to the Birthing Centre.

When to return to the hospital for an assessment:

- In six (6) hours if Prostin was inserted
- In twelve (12) to twenty four (24) hours if Cervidil was inserted – to be determined by physician

Following insertion, it is normal for you to feel a variety of symptoms. However, you should return to the hospital to be assessed if you have any of the following symptoms:

- Bleeding similar to a heavy period
- Your water breaks
- Frequent painful contractions
- No break between contractions
- Fever (temperature greater than 37.5°C)
- You do not feel your baby moving as usual

If you have any questions, please call the Birthing Centre at 705-675-4731.

