



Birthing Centre Visitor Policy

Triage/Non Stress Test

- Restriction of one (1) support person.
- Additional persons will be asked to wait in HSN's front lobby.

Birthing Room

- Restriction of two (2) support people during the labour and delivery process.
(**NOTE:** support people are not interchangeable)
- Visiting is not allowed in birthing rooms.
- All visitors will be asked to wait in HSN's front lobby until the patient has delivered. They may visit during designated visiting hours in post-partum.
- Grandparents will be allowed one 10-minute visit after 2 hours of recovery at the nurse/midwife's discretion.



Post-Anaesthetic Care Unit (Recovery Room)

- Restriction of one (1) support person in the recovery room, depending on the condition of the patient.
- The nurse/midwife may request the support person to wait in the Birthing Centre waiting room if the patient's condition warrants.

Post-Partum

- Restriction of two (2) visitors per patient within designated visiting hours. Additional visitors will be asked to wait in HSN's front lobby.
- **Visiting hours are from 1100-1300 hours and 1700-1900 hours daily.**
- Children under twelve (12) are not allowed to visit, with the exception of siblings who are allowed to visit with an accompanying adult during designated visiting hours. Children twelve (12) to sixteen (16) must be accompanied by an adult.
- All siblings will be counted as one visitor, and the accompanying adult will be counted as the other visitor (two (2) visitors total).
- Grandparents and/or great-grandparents may visit the patient at any time during HSN visiting hours (0900-2100 hours) except in the recovery room. Siblings in the care of grandparents may accompany them to visit during these hours.
- One (1) support person is encouraged to remain with the patient. The support person will not be counted as a visitor.