

This test will help your healthcare provider determine whether you have a Malabsorption problem. Your healthcare provider will supply you with a storage container for the stool specimen. The specimen must be refrigerated during the collection period.

Before the Test

For 2 days prior to beginning the collection and during the collection, you must be on a daily diet containing 50G to 150G of fat. Your healthcare provider will help you develop a diet that contains the correct amount of fat.

During the Test

You will be given instructions about how to collect and store stool specimens over a 72-hour period.

After the Test

Your healthcare provider will provide instructions about where to send or take the specimens. Discuss the test results with your provider.

