After the Procedure
Once your tube insertion is complete, you will be transported to the Angiography recovery room. During this time your blood pressure and pulse will be monitored. The nurse will also verify your insertion site and urine levels regularly. If you feel unwell at anytime please advise the nurse.

At Home
- You must not drive for 24 hours.
- Take antibiotics as prescribed
- Home care will be arranged
- You must avoid sports, excessive activity or lifting (no heavier than 5kg / 11lbs) for 2-3 days.
- You must not bathe/swim or sauna.
- It is normal to have a very small amount of bleeding from the site. Tenderness can last a week, and bruising for up to two (2) weeks.
- Contact your doctor if you experience fever or chills
- If you experience significant bleeding after going home from the drainage bag go to the emergency department or call 911 for assistance (tube may be out of position).

Percutaneous Nephrostomy Tube Insertion

What is a Percutaneous Nephrostomy Tube (PNT) Insertion?
Urine drains from the kidney to the bladder through a narrow muscular tube named the ureter. It becomes dangerous for the health of your kidney if the ureter becomes blocked, especially in cases of infection. A blockage can be relieved by inserting a fine plastic tube called a catheter through the skin into your kidney. This catheter allows the urine to drain from the kidney into a collection bag outside the body.
Percutaneous Nephrostomy Tube (PNT) Insertion

Introduction
If you have any questions or concerns, please contact the doctor who has referred you for this procedure. If you need to change your appointment time or date, please contact the Medical Imaging department at 705-523-7100.

How long will the tube stay in place?
Only your specialist can answer this question. Your tube will need to be exchanged regularly. The change should not be painful, and is done quickly. Arrangements for this change will be made prior to your discharge.

Risks and Benefits
This procedure will benefit you by reducing the toxins and fluid levels in your blood. It is a very safe procedure, with a very quick recovery period. It may also prevent permanent damage to your kidney. In rare circumstances we are unable to place the catheter in your kidney, in which case you may need to have surgery to overcome the blockage. On occasion, urine may leak around the kidney, which would require draining. It is common to have slight bleeding, which rarely becomes severe. There is a small risk of infection, which would or can be treated with antibiotics. These risks and benefits will be further discussed with your prior to your procedure.

Going Home
You may not drive. Please make arrangements to have someone pick you up.

The Day of the Procedure
You may not have any food for four (4) hours prior and no fluids two (2) hours prior to your procedure. You may need to have a blood test. You will need to register in Medical Imaging (level 2 North Tower) and you will be brought to the Angiography Recovery Room, where you will be required to answer several questions about your health and current medication. Your blood pressure and pulse will be recorded and you will change into a hospital gown. The Radiologist will discuss all risks and benefits of the procedure with you prior to signing a consent form. Please ask any questions you may have before signing the consent.

During the procedure
In the procedure room, you will lie on your back on a special x-ray table. An intravenous line may be started for pain medication as needed. Your skin will be sterilized with an antiseptic solution and you will be covered with sterile sheets. The doctor will inject local anaesthetic to numb your skin. This will sting briefly. Your blood pressure, pulse, and oxygen levels will be monitored. You may require oxygen during the procedure. The procedure normally lasts approximately 1 (one) hour, but may take longer. The doctor will use an ultrasound machine to help him choose the best location for your catheter. Once the tube is in place, it will be fixed to your skin, covered, and attached to a drainage bag. Throughout the procedure, a nurse and x-ray technologist will be with you.