I am pleased to be appointed to the role of Northeast Regional Colorectal Screening/GI Endoscopy Lead and look forward to working with the Northeast Cancer Centre clinical leadership team and regional partners in improving the quality, safety, and accessibility of cancer services for colorectal cancer screening and gastrointestinal (GI) endoscopy in the region. I completed medical school at the University of Western Ontario (UWO) and completed my Internal Medicine residency at Michigan State University. I finished training in gastroenterology at UWO with subspecialty training in therapeutic endoscopy and inflammatory bowel disease. I was born and grew up in North Bay, have family in Sudbury and have practiced at the North Bay Regional Health Centre for the last nine years, so I am familiar with regional priorities and will be supporting Cancer Care Ontario through the Regional Cancer Program in planning and implementing provincial quality improvement initiatives in the North East.

Cancer Screening Correspondence

Amanda Hey, MD, CCFP, FCFP, Regional Primary Care Lead, Northeast Cancer Centre

As part of the mandate to raise awareness and encourage cancer screening amongst the Ontario public, there has been recent significant expansion of centralized cancer screening program correspondence to the eligible Ontario population. Cancer Care Ontario (CCO) is now sending letters to the eligible population for its three screening programs inviting them to begin screening, reminding them when it’s time to get screened again and informing them of their screening results. The letters of invitation encourage patients to speak with their health care provider about their screening options, as a recommendation from a health care provider is one of the best influencers of screening behaviour. The letters advise internationally accepted practices of optimized screening programs, and they support primary care providers in their efforts to increase screening rates and to follow-up on their patients’ unsatisfactory and abnormal results.

Types of Screening Letters sent to the Public about Cancer Screening*

<table>
<thead>
<tr>
<th>Programme</th>
<th>Letter Type</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ontario Breast Screening Program</td>
<td>Invitation to be screened with a mammogram through the OBSP</td>
</tr>
<tr>
<td>Eligible women ages 50-74</td>
<td>Information about test results</td>
</tr>
<tr>
<td>Ontario Cervical Screening Program</td>
<td>Reminder when it is time to return to screening</td>
</tr>
<tr>
<td>Eligible women ages 50-74</td>
<td>Information about test results</td>
</tr>
<tr>
<td>ColonCancerCheck</td>
<td>Reminder when it is time to return to screening</td>
</tr>
<tr>
<td>Eligible men and women ages 50-74</td>
<td>Information about test results</td>
</tr>
</tbody>
</table>

*For more information about cancer screening correspondence visit: https://www.cancercare.ca/cms/one.aspx?portalId=1377&pageId=307048

The SAR is a supplementary tool to support physicians in improving their cancer screening rates and appropriate follow-up. The SAR has now expanded its scope with the inclusion of patient screening data for breast and cervical cancer in addition to colorectal cancer data, which was the only program included in the previous report. With the addition of this new data, physicians will have a more comprehensive view of their patients’ screening history for all three cancer programs and are able to use the information to determine the cancer screening needs of their patient population. This inclusion of the three cancer screening sites is important, as there is no longer provision for print or fax reports of their cancer screening rates and appropriate follow-up. The SAR now expanded its scope with the inclusion of patient screening data for breast and cervical cancer in addition to colorectal cancer data, which was the only program included in the previous report. With the addition of this new data, physicians will have a more comprehensive view of their patients’ screening history for all three cancer programs and are able to use the information to determine the cancer screening needs of their patient population. This inclusion of the three cancer screening sites is important, as there is no longer provision for print or fax reports of their cancer screening rates and appropriate follow-up.
The Screening Activity Report (SAR) is available to all Ontario patient enrollment model (PEM) primary care physicians. Its purpose is to support physicians in improving their cancer screening rates and appropriate follow-up. It provides screening status updates that align with Cancer Care Ontario’s (CCO) cancer screening guidelines. The SAR is comprised of three types of reports:

- **Dashboard**: a one-page cancer screening summary and a comparison of the physician’s screening rates relative to other PEM physicians in the Local Health Integration Network (LHIN) and the province.
- **Enrolled Patients Screening Summary**: an integrated view that tells of the screening eligibility and status for breast, cervical, and colorectal screening for all the physician’s enrolled patients between the ages of 21 and 74 years of age.
- **Enrolled Patients Program Reports**: provides screening related history for all eligible and enrolled patients by cancer screening site. This includes screening status, known reason for exclusion (e.g. for the cervical screening program report; a past history of cervical cancer as per linkage with the Ontario Cancer Registry), screening test results and follow-up procedure dates.

Screening status is considered up-to-date if:

- **Breast screening**: a woman is 50-74 years old and has had a mammogram within 24 months.
- **Cervical screening**: a woman is 21-69 years old and has completed a Pap test within 36 months.
- **Colorectal screening**: a man or woman is 50-74 years old and has had a fecal occult blood test (FOBT) within 24 months, a flexible sigmoidoscopy within 5 years or a colonoscopy within 10 years.

**SAR Format:**
- Released online twice per year (Spring and Fall)
- Reports are available to download in PDF or Excel format.

**How does SAR compare with the TPSR?**

The SAR uses many of the same data sources and calculations as the Ontario Ministry of Health and Long-Term Care’s Target Population Services Report (TPSR), but provides additional information: The SAR provides information not available in the TPSR such as dates of follow-up activities and a visual overview of a patient’s colorectal cancer screening activity. The report also provides a double-check of patients who may require screening or follow-up when compared with data pulled from an Electronic Medical Record (EMR) system.

**Screening Activity Report (SAR) as of 31-Mar-2014**

**Dashboard**

<table>
<thead>
<tr>
<th>Breast Screening</th>
<th>Cervical Screening</th>
<th>Colorectal Screening</th>
</tr>
</thead>
<tbody>
<tr>
<td>[Graph showing screening rates and comparison]</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Screening Activity Report: How to access it...**

With Cancer Care Ontario’s launch of the online Screening Activity Report (SAR), a patient enrollment model (PEM) primary care physician and/or an office staff delegate are required to log-in and securely access their electronic SAR using an eHealth Ontario ONE®ID account. This ensures safe and secure access for physicians as they review their patients’ personal health information. ONE®ID is part of a province-wide electronic health strategy to reduce the number of IDs and passwords a user must manage and remember to access services. In the future, a growing number of provincial data sources and reports may be accessible using ONE®ID. A physician is required to register for an account with ONE®ID with a Local Registration Authority (LRA). In my role as Regional Coordinator, Primary Care Outreach, I am an authorized eHealth Ontario LRA and available to assist with ONE®ID registration and SAR enrollment. Additional regional work related to my role includes coordinating and supporting the work of the Northeast Cancer Centre Regional Primary Care Leads and Regional Aboriginal Cancer Lead as it relates to engagement with primary care across the entire cancer journey. Future regional work will include Electronic Medical Record (EMR) cancer screening optimization projects, ONE®ID SAR enrollments, primary care cancer screening Quality Improvement Plan initiatives, coordination of continuing medical education (CME) events and expansion of primary care web resources.

**Screening Activity Report: What it is...**

Amanda Hey, MD, CCFP, FCFP, Regional Primary Care Lead, Northeast Cancer Centre

For more information about the Screening Activity Report go to: [https://www.cancercare.on.ca/pcs/primcare/sar/](https://www.cancercare.on.ca/pcs/primcare/sar/)

**Cancer Screening Quality Improvement Toolkit**

Amanda Hey, MD, CCFP, FCFP, Regional Primary Care Lead, Northeast Cancer Centre

Cancer Care Ontario (CCO) has developed a Cancer Screening Toolkit for those practices that decide to include cancer screening as part of a Quality Improvement Plan (QIP). The toolkit will assist practices in planning, implementing, monitoring and reporting on improvements in colorectal, cervical and breast cancer screening. The toolkit recommends applying the Plan, Do, Study, Act (PDSA) cycle of continuous improvement for QIP development. It includes the following content: PDSA Overview Instructions, a Planning Tool, a Measurement Tool, and a Cancer Screening Sample Timeline.

If you choose to use the toolkit, please let us know by emailing mmironblack@hsnsudbury.ca with QIP in the subject line. Informing us of your decision to participate will allow us to provide you with any support that you might require through our Regional Cancer Program.

**PDSA Cycle**

- **Plan**: Determine what changes are to be made
- **Do**: Carry out the plan
- **Study**: Summarize what was learned
- **Act**: Change or test

To download the Cancer Screening Quality Improvement Toolkit go to: [https://www.cancercare.on.ca/pcs/primcare/qitoolkit/](https://www.cancercare.on.ca/pcs/primcare/qitoolkit/)

**Join the more than 4,900 primary care physicians and 1,000 delegates who are already registered for ONE®ID!**

To arrange a ONE®ID registration in the North East contact Merci Miron-Black, Regional Coordinator for Primary Care Outreach at mmironblack@hsnsudbury.ca or at 1-866-469-0822 extension 2537.
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**For more information about the Screening Activity Report go to:**
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Cancer Care Ontario Guidelines for Breast, Cervical & Colorectal Cancer Screening

### Ontario Breast Screening Program (OBSP)

<table>
<thead>
<tr>
<th>Screening Recommendation</th>
<th>Average Risk</th>
<th>High Risk</th>
</tr>
</thead>
<tbody>
<tr>
<td>Women 50 to 74 years of age</td>
<td>Mammogram every two years for most women</td>
<td>Mammogram and screening breast MRI every year</td>
</tr>
</tbody>
</table>

**Screening Population**

- Women 50 to 74 years of age
- Women 30 to 69 years of age identified as high risk (see eligibility for criteria)

**Outside the Screening Population**

- Screening starts at age 50 for average risk patients
- Women over age 74 can be screened within the OBSP; however, they are encouraged to make a personal decision about breast screening in consultation with their health care provider

**Eligibility**

- No acute breast symptoms
- No personal history of breast cancer
- No current breast implants
- No screening mammogram within the last 11 months
- No acute breast symptoms
- Meet one of the following risk criteria:
  - Are known to be carriers of a deleterious gene mutation
  - Are the first degree relative of a mutation carrier and have declined genetic testing
  - Have a family history that indicates a lifetime risk of breast cancer that is ≥25% confirmed through genetic assessment
  - Have received radiation therapy to the chest before age 30 and at least eight years previously

### Ontario Cervical Screening Program (OCSP)

**Screening Recommendation**

- Cervical cytology (Pap test) every three years

**Screening Population**

- Screening initiation: Women 21 years of age who are or have ever been sexually active
- Screening cessation: 70 years of age if ≥ three negative/normal cytology tests in the previous 10 years

For information on follow-up and special circumstances see: ‘Ontario Cervical Screening Cytology Guidelines Summary’ available at www.cancercare.on.ca/pcresources

### ColonCancerCheck (CCC)

<table>
<thead>
<tr>
<th>Screening Recommendation</th>
<th>Average Risk</th>
<th>High Risk</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fecal Occult Blood Test (FOBT) every two years</td>
<td>Colonoscopy</td>
<td></td>
</tr>
</tbody>
</table>

**Screening Population**

- Women and men 50 to 74 years of age
- Women over age 74 can be screened within the OBSP; however, they are encouraged to make a personal decision about breast screening in consultation with their health care provider

- Increased risk is defined as a family history of colorectal cancer in one or more first degree relatives (parent, sibling or child)
- Begin at 50 years of age, or 10 years earlier than age relative was diagnosed, whichever occurs first

An abnormal FOBT should be followed up with colonoscopy

For additional resources visit: www.cancercare.on.ca/pcresources

Questions? Contact us at: screenforlife@cancercare.on.ca | 1.866.662.9233
Cancer Screening Resources for Healthcare Providers and Patient Education

Ontario Breast Screening Program (OBSP)

Healthcare Provider Materials
- Summary of Evidence & Requisition Form for women at high risk for breast cancer
- Information for Healthcare Providers on the Ontario Breast Screening Program *
- Cancer Screening Guidelines Summary

Patient Education Materials
- Breast Cancer Screening: It’s never this obvious * | Brochure (available in 28 languages)
- Facts about Breast Cancer Screening | Fact sheet (available in 29 languages)
- Information on Mammography for Women Aged 40 and Older: A Decision Aid for Breast Cancer Screening in Canada

Ontario Cervical Screening Program (OCSP)

Healthcare Provider Materials
- Ontario Cervical Screening Cytology (Pap test) Guidelines Summary * (NEW! Mobile application now available)
- Information for Healthcare Providers on the Ontario Cervical Screening Program (OCSP) *
- Cancer Screening Guidelines Summary

Patient Education Materials
- Cervical Cancer Screening — Find out when it’s the right time for you to start screening * | Brochure (available in 28 languages)
- What Your Abnormal Pap Test Means | Fact sheet

ColonCancerCheck (CCC)

Healthcare Provider Materials
- Screening Evidence Summary
- Clinical Reference Card
- Cancer Screening Guidelines Summary

Patient Education Materials
- Get the Transparent Truth About Colon Cancer * | Brochure (holder available)
- Get the Facts | Fact sheet (available in 28 languages)
- FOBT Instruction Sheet | Instructions for completing the fecal occult blood test (FOBT) kit (available in 28 languages)
- FOBT Tip Sheet | Five steps for mailing the FOBT kit (available in 28 languages)
- CCC Brochure in American Sign language | Video

To download resources, please visit cancertcare.on.ca/pcresources

* English and French hard copies are available and can be ordered through Service Ontario: publications.serviceontario.ca

To access the cervical cancer screening guidelines app scan the QR code or search ‘Ontario cancer screening’ in your app store. Available for iPhone, iPad, iPod Touch, BlackBerry, Android and Windows Phone.

Questions? Contact us at: screenforlife@cancertcare.on.ca | 1.866.662.9233
Serologic Blood Tests for Colorectal Cancer Screening

Key Messages

1. Cancer Care Ontario cannot recommend the use of serologic blood tests for colorectal cancer screening.
2. Cancer Care Ontario recommends that individuals participate in ColonCancerCheck—Ontario’s colorectal cancer screening program.
3. ColonCancerCheck offers screening free of charge through fecal occult blood tests (FOBTs) every two years for eligible individuals at average risk aged 50 to 74 and colonoscopy for eligible individuals with a family history of colorectal cancer. Serologic blood testing is not part of ColonCancerCheck.
4. Cancer Care Ontario is examining the evidence for serologic blood tests as a part of broader clinical practice guidelines for colorectal cancer screening. Cancer Care Ontario will review its position if the evidence is sufficient to support the use of serologic blood tests.

Frequently Asked Questions

1. What are serologic blood tests for colorectal cancer screening?

Serologic tests for colorectal cancer are blood tests that assess someone’s risk of currently having colorectal cancer. They are advertised by laboratories and others as an alternative to fecal occult blood tests (FOBTs) but not as an alternative to colonoscopy.

Serologic blood tests for colorectal cancer screening are beginning to come onto the market in Canada. They are generally being promoted by laboratories and distributors as acceptable alternatives for colorectal cancer screening. These tests are not insured by the Ontario Health Insurance Plan (OHIP) and they are available on a user-pay basis.

2. Does Cancer Care Ontario recommend using serologic blood tests to screen people for colorectal cancer?

At this time, Cancer Care Ontario cannot recommend the use of serologic blood tests for colorectal cancer screening. The scientific evidence is insufficient to recommend or endorse their use. Cancer Care Ontario recommends that individuals participate in ColonCancerCheck—Ontario’s colorectal cancer screening program. Screening is most effective when offered through an organized, population-based program that uses quality assurance to maximize screening benefits and minimize harms. Serologic blood testing is not currently recommended as a part of this program in Ontario.

Cancer Care Ontario is working with the Program in Evidence-Based Care (PEBC) to examine the evidence for serologic blood tests as a part of broader clinical practice guidelines for colorectal cancer screening. When these guidelines are released, Cancer Care Ontario will review its position on serologic blood tests for colorectal cancer screening.
3. What are the benefits of an organized screening program?

Benefits of an organized program such as ColonCancerCheck—Ontario’s colorectal cancer screening program—include the provision of evidence-based care, quality assurance of the screening test (e.g., the fecal occult blood test or FOBT) and any follow-up tests, tracking of abnormal tests to assist with timely follow-up, results notifications and a recall of participants when they are due for screening. ColonCancerCheck is free of charge to eligible Ontarians. People who are screened with a test outside of ColonCancerCheck will not benefit from being part of an organized screening program.

4. Is Cancer Care Ontario studying whether serological blood tests could be used to screen people for colorectal cancer?

Cancer Care Ontario is working with the Program in Evidence-Based Care (PEBC), a robust and rigorous guideline development program, to develop clinical practice guidelines for colorectal cancer screening. The guidelines will evaluate the evidence for colorectal cancer screening test(s) in the context of an organized, population-based screening program. Serologic blood tests will be included in the evidence review.

5. What do I do with an abnormal serologic test result?

Because the scientific evidence is insufficient to recommend their use, Cancer Care Ontario cannot offer a recommendation on what to do for patients with an abnormal serologic blood test result.

6. What is Cancer Care Ontario’s recommendation for colorectal cancer screening?

ColonCancerCheck, which was launched by Cancer Care Ontario and the Ministry of Health and Long-Term Care, recommends that people aged 50 to 74 years and those with a family history of colorectal cancer be screened regularly for the disease.

Most people aged 50 to 74 are at average risk for colorectal cancer and should be screened once every two years with the fecal occult blood test (FOBT). People who have a first-degree relative (i.e., parent, sibling or child) with a history of colorectal cancer should be screened with colonoscopy beginning at age 50, or 10 years earlier than the age at which their relative was diagnosed, whichever occurs first.

To find out more about the ColonCancerCheck Program, please visit www.cancercare.on.ca/screenforlife.
Use the SAR as a supplement to your existing patient screening tools.

SAR vs. TPSR
(Target Population Services Report)

The SAR provides additional data such as:
✓ A visual dashboard
✓ The results of screening tests
✓ Dates of follow-up procedures (such as a colonoscopy, colposcopy)

SAR vs. EMR
(Electronic Medical Record)

The SAR provides you with:
✓ A double-check of patients who may be in need of screening or follow-up
✓ Historical screening data that may not have been migrated into an EMR
✓ Clear, actionable groupings of patients

“"The SAR provides me with a safety net for any patients with a positive screen that may have been missed. By helping me organize who is overdue for screening and who requires follow-up, I am able to provide my patients with quality care while also working towards achieving a higher screening rate.” - Dr. Suzanne Strasberg

QUESTIONS ABOUT THE SAR?

For more information about the SAR or to access help materials, please visit:

www.cancercare.on.ca/SAR

For additional support, please contact CCO’s Cancer Screening Contact Centre:

Email: screenforlife@cancercare.on.ca
Telephone: 1-866-662-9233

Monday to Friday: 8:30 a.m. to 5:00 p.m.

QUESTIONS ABOUT ONE® ID?

For help with your ONE® ID account, please contact the eHealth Ontario business support team at:

Email: servicedesk@ehealthontario.on.ca
Telephone: 1-866-250-1554

24 hours a day/7 days a week

To register for ONE®ID in the North East, contact: Merci Miron-Black at mmironblack@hsnsudbury.ca

www.cancercare.on.ca/SAR

The SAR is optimized for access on all recent Windows and Macintosh operating systems, as well as recent versions of Internet Explorer, Mozilla Firefox, Google Chrome and Safari.
Gain access to the SAR

The SAR was created by Cancer Care Ontario (CCO) as a supplementary tool to support patient enrolment model (PEM) primary care physicians in improving their cancer screening rates and appropriate follow-ups.

The SAR is comprised of 3 types of reports:

1. **Dashboard**
   - A one page cancer screening summary and a comparison of your screening rates relative to other physicians in your Local Health Integration Network (LHIN) and the province

2. **Enrolled Patients Screening Summary**
   - An integrated view that tells you the screening status for breast, cervical and colorectal screening for all of your enrolled patients between the ages 21 and 74 years

3. **Enrolled Patients Program Reports**
   - Provides the screening related history for all eligible and enrolled patients in each program:
     - Breast: Enrolled Patients (50-74)
     - Cervical: Enrolled Patients (21-69)
     - Colorectal: Enrolled Patients (50-74)

Benefits to your practice:

- Gives a visual overview of your roster and screening status
- Provides detailed patient data in actionable categories mapped against the latest CCO clinical guidelines:
  - **Patients Requiring Action:**
    1. Abnormal Screen, follow-up needed
    2. Invalid result, retest required
    3. Overdue for screening
  - **Patients Excluded from Screening:**
    1. History of previous cancer diagnoses
    2. History of past surgeries (mastectomy, hysterectomy, total colectomy)
  - **Most Recent Abnormal Screen**
  - **Most Recent Diagnostic Activity**

- Secure and online
- Is only accessible by you or authorized colleagues and clinical/office staff

Register for ONE® ID

You, and your clinical staff, may register for a ONE® ID account by contacting eHealth Ontario at: ONEIDBusinessSupport@ehealthontario.on.ca to begin the registration process.

Registration appointments will be scheduled based on location and/or date of request.

Your clinical/office staff may be authorized as delegates to access your SAR on your behalf and help you increase your screening rates.

How to access the SAR

Once you are registered, you may access your SAR by logging on at: www.cancercare.on.ca/SAR and clicking on:

Enter your ONE® ID user name and password to log in. The format of your ONE® ID login is: Firstname.Lastname@oneid.on.ca.

The first time you login you will be prompted to go through a few additional steps to complete your registration.

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