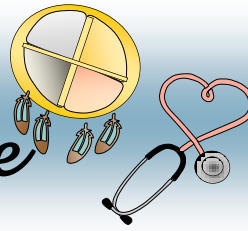




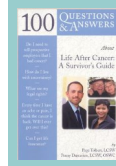
# Survivorship Information Guide



**Patient Library**  
41 Ramsey Lake Rd  
Sudbury, Ontario  
P3E 5J1  
(705) 523-7100  
Ext: 2351

## Books

**100 Questions & Answers about Life After Cancer: a Survivor's Guide**



**Cancer Fitness: Exercise Programs For Cancer Patients And Survivors**



**The Complete Cancer Survival Guide**



**Cancer Survivorship Sourcebook**



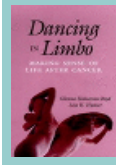
**Childhood Cancer Survivorship: Improving Care and Quality of Life**



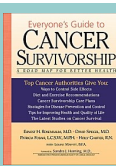
**Chicken Soup for the Cancer Survivor's Soul**



**Dancing in Limbo: Making Sense of Life After Cancer**



**Everyone's Guide to Cancer Survivorship: a Road Map for Better Health**

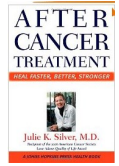


**Picking Up the Pieces: Moving Forward After Surviving Cancer**



## Books

**After Cancer Treatment**



**So: you've survived cancer. Now what?**



**Survivorship: Living well during and after cancer**



**The Cancer Survivor's Companion**



## Community Services

**Northeast Cancer Centre Health Sciences North**

41 Ramsey Lake Road, Sudbury ON P3E 5J1  
Telephone: (705) 522-6237

## Support Group

**Sisterhood of Hope Support Group**

For women living with cancer, and their friends and families. Telephone (705) 670-1234

## Internet Sites

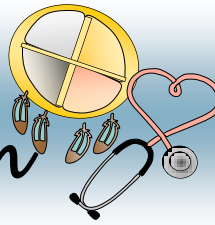
**LiveStrong**  
[www.livestrong.org](http://www.livestrong.org)

**Canadian Cancer Survivor Network**  
[www.survivor.ca](http://www.survivor.ca)

**I Had Cancer**  
[www.ihadcancer.com](http://www.ihadcancer.com)



# La survie au cancer Guide d'information

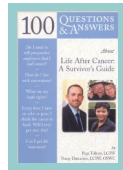


## Bibliothèque pour patients

41, chemin du lac Ramsey  
Sudbury, Ontario P3E 5J1  
(705) 523-7100  
poste 2351

### Livres

**100 Questions & Answers about Life After Cancer: a Survivor's Guide**



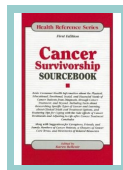
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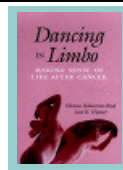
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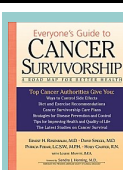
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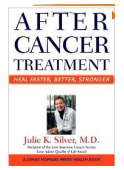


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### Livres

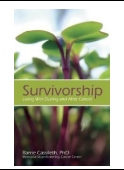
**After Cancer Treatment**



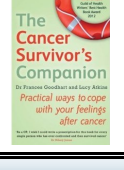
**So: you've survived cancer. Now what?**



**Survivorship: Living well during and after cancer**



**The Cancer Survivor's Companion**



### Services communautaires

**Centre de cancérologie Nord-Est  
Horizon Santé-Nord**

41, chemin du lac Ramsey Sudbury ON P3E 5J1  
Téléphone: (705) 522-6237

### Réseau de soutien

**La sororité de l'espoir**

Pour les femmes vivant avec le cancer, leur famille et leurs amis

Téléphone: (705) 670-1234

### Sites Internet

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[www.livestrong.org](http://www.livestrong.org)

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